## **SOP 4774: Female Sexuality**

## Exam 1 Practice Quiz

Note: These are NOT the exact questions that will be on your exam. We have put these questions together to help you study by touching on **SOME** of the concepts that will be on the exam; therefore, just because we did not include a practice question on a particular topic, this does not mean that you will not see that topic on the exam. ANY material from the textbook or Lectures may be on the exam. A good way to use these practice questions is to make sure that you can answer the questions as well as other questions that may be on that topic. For example, one of the following questions asks about the culture of Inis Beag; therefore, you should not only know about this culture, but about the culture's of the Mehinaku, and Mangaia as well.

TRUE OR FALSE AND SHORT ANSWER (ANSWERS ARE AT THE END)

- 1. When the authors of your text use the term *sex*, they are referring both to behavior that leads to sexual arousal as well as to the state of being male or female.
- 2. Homosexuality has been prevalent historically in several major cultures, such as in ancient Greece and China.
- 3. At least until about 100 years ago, most information that people used in interpreting sex and sexuality came from religion and rumor.
- 4. Fortunately, in today's world, most of the information that we have about sexuality comes from science and is relatively unaffected by religious thought.
- 5. There is no known religion that advocates the cultivation of sexual techniques for the erotic needs of the individual.
- 6. The main thing to be learned from examining sexuality in different cultures is to show how "strange" other cultures are in their handling of sexual matters.
- 7. The Mangaia society is one of the most naïve and sexually repressive societies in the world.
- 8. Learning is the biggest determinant of human sexual behavior.

- 9. Across cultures, the two most strictly prohibited types of sexual contact are incest and extramarital sex.
- 10. The scientific study of sexuality began in the \_\_\_\_\_ century.
- 11. Same-gender sexual behavior is only found in humans.
- 12. The higher one's social class is, the less often they masturbate and engage in oral sex.
- 13. White women are \_\_\_\_\_\_ likely than African-American women to have performed fellatio, and White men are \_\_\_\_\_\_ likely than African-American men to have performed cunnilingus.
- 14. Chinese attitudes are relatively accepting concerning group sex.
- 15. The phases of sexual response (Masters and Johnson) vary considerably in the order they occur for humans.
- 16. When examined closely, the physiological responses of the female and male are more similar than different during the stages of the sexual response cycle.
- 17. According to the research findings of Masters and Johnson, women are able to physiologically experience at least three types of orgasm: vaginal, clitoral, and uterine.
- 18. Multiple orgasms numbering a dozen or more are virtually impossible for men and women, given their physiological makeup.

- 19. Multiple orgasms are quite common for men and less common, although possible, for women.
- 20. It appears that all human beings, whether able or not, whether normal or mentally retarded, have sexual desires and feelings.
- 21. Female ejaculation does seem to exist in some females, but more research is needed to really determine what is going on.
- 22. Close to zero percent (0%) of both girls and boys who are retarded have had sexual intercourse by the time they are 16 years old.
- 23. Castration is probably the perfect solution to solving the rape problem in a society.
- 24. The key organ humans use to respond to pheromones is the voluminousnasal organ, located right behind the nose.
- 25. The phenomena of menstrual synchrony documented by Martha McClintock is now thought to be due to pheromones produced by the women involved.
- 26. Myotonia involves the dilation of blood vessels.
- 27. According to Masters and Johnson, the four stages of the sexual response cycle in the order in which they occur are plateau, excitement, resolution, and orgasm.
- 28. Women have two distinct types of orgasms-vaginal and clitoral.

- 29. The external sexual organ of the female that is critical in her sexual response is the clitoris.
- 30. Currently, the U.S has a cult that practices genital female surgeries, such as removal of the outer lips, because they believe that the vulva is more beautiful and erotic that way.
- 31. The major external homologous sexual organs of the female and male, which play the central role in sexual response for each sex, are the clitoris and penis, respectively.
- 32. The hymen continues to play a strategic and important role in American society in defining the sexuality of women.
- 33. The female is born with a limited number of follicles, which are immature eggs. ALL of these "immature eggs" will mature sometime between the approximate ages of 15 to 50.
- 34. The size of the woman's breast is no longer a significant sexual issue in American society.
- 35. Cervical cancer appears to be significantly related to one's sexual history, while breast cancer is not.
- 36. The vulva refers to internal and external organs of the female.
- 37. The clitoris is multifunctional contributing in reproduction and sexual pleasure.
- 38. The Skene gland or female prostate is a place of erotic sensitive for women.
- 39. The G-spot has not been scientifically proven to exist.
- 40. The pubococcygeal muscle can be strengthened through exercise.

- 41. The vagina is a narrow sex organ that is lined with cilia and is the pathway where the sperm and egg usually meet.
- 42. Women with larger breasts have reported feeling more sexual sensation than women with smaller breasts.
- 43. Circumcised men have lower rates of HPV while their monogamous female partners have lower rates of cervical cancer.
- 44. The mangaian society practices a form of male circumcision known as supercision where the testicles are removed.
- 45. Approximately 10 percent of the cases of \_\_\_\_\_\_ cancer are caused by genetic factors.
- 46. Women who have had many sexual partners are at a higher risk of \_\_\_\_\_ cancer.
- 47. Follicle-stimulating hormone and luteinizing hormone perform key roles in both the male and female reproductive systems.
- 48. The level of testosterone in the male and the levels of estrogen and progesterone in the female are controlled by a negative feedback loop of the hypothalamus, which regulates the production of GnRH (gonadotropin-releasing hormone).
- 49. Most of the structural differences between females and males arise before birth, during the postnatal period.
- 50. The ovaries produce two hormones in relatively large quantities—estrogen and androgen.
- 51. Müllerian ducts and Wolffian ducts simultaneously begin to develop into parts of the genitals at about 7 to 10 weeks after conception.
- 52. The eight types of gender developed by John Money rarely are in agreement in the typical individual.

- 53. The testes and ovaries are homologous and analogous organs.
- 54. Based on what we know about biological sex and gender, it is fairly obvious that two sexes/genders encompasses what exists in reality.
- 55. Puberty can take place just about anytime within a given age range, and this is more true for boys than for girls.
- 56. In puberty, boys have more of a problem with the percentage of body fat than girls do.
- 57. A person who is genetically female that has female external genitalia with a male gender identity, masculine behavior and is attracted to females is \_\_\_\_\_\_
- 58. Androgens are the group of female sex hormones; Estrogens are the group of male sex hormones.
- 59. Menarche is another name for nocturnal ejaculations in boys.
- 60. Klinefelter's Syndrome is characterized by shrunken testicles, small penis, breast enlargement and infertility in adulthood in males.
- 61. Some researchers have proposed that sex-reassignment surgeries not be performed until the intersex individual is old enough to make an informed decision regarding treatment.
- 62. Long-term follow-up research found that some intersexed individuals treated using Money's standard protocol had adequate adjustment as adults.
- 63. Female sex hormones are produced by the \_\_\_\_\_, while male sex hormones are produced by the \_\_\_\_\_.
- 64. Estrogen has many functions, one of them is to stimulate breast growth.

- 65. Female and Male differentiation occurs between the \_\_\_\_\_ week and \_\_\_\_\_ week post-conception.
- 66. The X chromosome is smaller than the Y and carries more information.
- 67. Mullerian ducts develop into the fallopian tubes, uterus, upper part of vagina and inner lips of vagina.
- 68. Analogous organs are organs that have similar \_\_\_\_\_.
- 69. Assigned gender refers to the name for the kind of gender that is defined at birth and measured by the appearance of external genitalia.
- 70. According to recent research approximately 4% of births will have an intersex condition.
- 71. Guevodoces are people found in Haiti.
- 72. John Money called individuals who could be successfully assigned to either gender before 19 months of age as \_\_\_\_\_.
- 73. The activist organization for intersex individuals is called the
- 74. Girls and boys follow the same pattern of development, but boys are 1.5 to 2 years later.
- 75. Weight is an important factor in the timing of a girl's menarche.
- 76. As a student of sexuality, you know that it takes two to have sex-real sex.
- 77. The techniques involved in male and female masturbation are almost identical.

- 78. Sexual fantasies by men are more likely to focus on sexual activities, such as having sex with an older experienced woman, whereas sexual fantasies by women are more likely to focus on a role during sexual activity, such as playing the shy maiden.
- 79. Having a sexual fantasy about a favorite teacher is most likely a rare sexual phenomenon for both men and women.
- 80. When the typical person thinks of two-person sex, one of the assumptions that most people will have is that the sex is heterosexual.
- 81. Techniques of hand stimulation of the genitals of the male or female are something that must be learned.
- 82. Only four positions of intercourse really exist.
- 83. The degree of sexual satisfaction each partner receives from intercourse really does not vary that much by position.
- 84. Cunnilingus is only a heterosexual sexual activity, whereas fellatio is primarily a homosexual sexual activity.
- 85. If sex "just" consists of oral-genital contact, it is impossible to transmit sexually transmitted diseases.
- 86. Regarding the issue of discomfort in anal intercourse, it is relatively unimportant which partner is in control.
- 87. A true aphrodisiac finally has been found in the ground powder made from the dried liver of the male black bear living in the Appalachian mountains of the eastern United States.
- 88. Having orgasm as the ultimate goal when a couple has sexual intercourse results in a positive view toward sex when orgasm is not always attainable.

- 89. Because communication styles are so different between men and women, it is almost impossible to hope for true communication on intimate parts of life.
- 90. The more positively couples rate their communication, the more satisfaction they report in the relationship.
- 91. Self-disclosure in dating couples is related to sexual communication satisfaction.
- 92. If mutual self-disclosure about one's self to a partner is present, this is an indicator of the amount of trust in the relationship. In such a relationship the sexual relationship is much more likely to be a good one.
- 93. The sign of an *effective communicator* is when the impact of what is understood is what was intended to be understood.
- 94. In communicating, assuming the role of *mind reader* will probably work to promote a good sexual relationship because you will know what the person is thinking and will do it.
- 95. In order to be a good listener, you need to be nondefensive, paraphrase, and ask for feedback from your partner.
- 96. Heterosexual and gay male couples report that they have sex more often than lesbian couples
- 97. Sexual skill and response is taught in our society but the learning is not systematic or of high quality.
- 98. Direct stimulation of the clitoris will result in the most pleasure.
- 99. The man-on-top position provides the greatest clitoral stimulation.
- 100. Blowing air forcefully into the vagina may be fatal in what circumstance

101. Inserting the penis into the vagina immediately after anal intercourse is perfectly safe.

102. Mons to mons contact in lesbian sex is called .

## Answer Key for Practice Exam 1

- 1. False
- 2. True
- 3. True
- 4. False
- 5. False
- 6. False
- 7. False
- 8. True
- 9. True
- 10. 19th
- 11. False
- 12. False
- 13. more; more
- 14. False
- 15. False
- 16. True
- 17. False
- 18. False
- 19. False
- 20. True
- 21. True
- 22. False
- 23. False
- 24. False
- 25. True
- 26. False
- 27. False
- 28. False
- 29. True
- 30. True
- 30. True
- 31. True 32. False
- 32. False
- 33. False
- 34. False

## 35. True 36. False 37. False 38. False 39. False 40. True 41. False 42. False 43. True 44. False 45. Breast 46. Cervical 47. True 48. True 49. False 50. False 51. False 52. False 53. True 54. False 55. False 56. False 57. A transsexual man (FTM) who is heterosexual 58. False 59. False 60. True 61. True 62. False 63. Ovaries, Testes 64. True 65.5,7 66. False 67. False 68. Functions 69. True 70. False 71. False 72. pseudohermaphrodites 73. Intersex Society of North America 74. True 75. True 76. False 77. False 78. True 79. False 80. True

81. True	
82. False	
83. False	
84. False	
85. False	
86. False	
87. False	
88. False	
89. False	
90. True	
91. True	
92. True	
93. True	
94. False	
95. True	
96. true	
97. True	
98. false	
99. False	
100.	During pregnancy
101.	False
102.	Tribadism